



# Alfredton News

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**RESPECT RESPONSIBILITY RELATIONSHIPS**  
**EVERY CHILD WILL FLOURISH WITH TIME, EFFORT AND SUPPORT.**

## Principals Report -25th October 2023

Dear Parents and Carers,

Friday is World Teachers' Day. We are so lucky here at Alfredton Primary School to have wonderfully dedicated, professional and caring staff who are committed to ensuring every child is provided every opportunity to shine. Please take the time on Friday to acknowledge your child's teacher and all the hard work they do.



Please don't forget Monday, November 6 is a pupil-free day. On this day staff will be at school organising resources, and starting to prepare for the 2024 school year.

Some of you may know I am an avid reader. I love rainy days during the holidays so I can stay inside and read! I enjoy reading professional texts that challenge my thinking and help me grow. Recently I have been sorting my books and I came across a book I read, quite a number of years ago, titled "Disrupting Class" by Clayton Christensen and co-authors Michael Horn and Curtis Johnson. This book is filled with fascinating case studies, scientific findings, and unprecedented insights on how innovation must be managed.

One chapter in particular really resonated with me. This chapter looks at the impact the first few years have on a child's long-term learning. Research is emerging suggesting a significant proportion of a person's intellectual capacity is determined in their first 36 months. Much of the self-confidence that buoys us up or bogs us down through the rest of our lives is essentially in place by age 5.

Some children come to school having heard their parents speak over 48 million words whereas others come having heard less than 13 million. Obviously, there is a great difference here, so we would encourage all parents to speak to their children LOTS! The most powerful of these words, in terms of intellectual achievements, seem to be those spoken in the first year of life.

Continued -

### We RESPECT:

Individual differences

Ourselves

Cultural diversity

Others' opinions

Property

Others' feelings

### We take RESPONSIBILITY for:

Our behaviour

Our actions

Our attendance

Our learning

Our belongings

Our dress code

Our school

Our environment

Doing our best

### We build RELATIONSHIPS with each other by:

Being honest & trustworthy

Caring about the  
feelings of others

Treating others fairly

Being well mannered

Resolving differences calmly



We recognise the Aboriginal and Torres Strait Islander peoples as the first custodians of the land. We acknowledge the Wadawurrung people and extend respect to all Indigenous peoples of this continent recognising their cultures as the oldest continuous living cultures in human history.



# RESPECT RESPONSIBILITY RELATIONSHIPS

## EVERY CHILD WILL FLOURISH WITH TIME, EFFORT AND SUPPORT.

### 17 TERM DATES 2023 17

**TERM 2:** Wed 26th April – Fri 23rd June

**TERM 3:** Mon 10th July – Fri 15th Sept

**TERM 4:** Mon 2nd Oct – Wed 20th Dec

### KEY CALENDAR DATES:

#### **Monday 23rd October**

Year 1 Swimming Commences

Year 6 Graduation Photos

#### **Monday 6th November**

Student Free Day

#### **Thursday 16th November**

Healthy Minds Parent Session

#### **Friday 17th November**

Jnr School Athletics Day

#### **Tuesday 21st November**

Multimedia Night Screening

#### **Wednesday 22nd November**

Multimedia Night Screening

#### **Friday 24th November**

Student Free Day

#### **Tuesday 12th December**

Year 7 Transition Day

#### **Monday 18th December**

Year 6 Graduation

#### **Wednesday 20th December**

Last Day Term 4: 1.30 pm Dismissal

### Principals Report - Continued

I have been working with the staff at APS, the leadership team, and the consultative committee, over the past few weeks planning for 2024. This can always be a bit tricky in an acting role but I will always consider what is best for children first and foremost when making big decisions.

We are currently in the process of assigning children to grades for 2024. Next year we aim to have smaller class sizes (especially in grades Foundation – 2). To be able to do this we will have the following grade structure in 2024;

**Foundation** - Three Classes

**Grade 1/2** - Six classes

**Grade 3** - Three Classes

**Grade 4** - Three classes

**Grade 5/6** – Six classes

The Victorian Curriculum is taught over two-year bands and the composite grades align to this. There is always a big range of academic, and emotional needs in any grade so the composite grades will be no different to a straight grade.

Our teachers are very skilled at explicitly teaching the guaranteed curriculum and then differentiating for the individual needs of their students through small group instruction, 1-1 teaching conferences, and/or applying universal design principles ensuring all children have access to the curriculum.

I have considered the cohort dynamics and having six grades in 1/2 and 5/6 means we can have smaller grades and are better able to manage the enrolments we get throughout the year without grades becoming too.

It also means we are considering inclusive teaching practices and attending to the varying additional supports our children need across the school. Children's needs are always a priority when making decisions, and this will be better for all children and staff. I thank you for your support, trust, and understanding.

Regards

Nadia



### Child safety and wellbeing at Alfredton Primary School:

Information for families and the school community

The Victorian Government has Child Safe Standards to further strengthen child safety across organisations, including schools. The standards recognise the critical importance of families and the broader school community in maintaining and promoting child safety and wellbeing.

Alfredton Primary School regularly reviews and updates our child safety policies and procedures to ensure they meet the requirements of the standards. These are available to view on our school's website, or at the school's front office on request.

We welcome feedback from families and members of our school community on ways we can further strengthen our child safety policies, procedures, and practices. If you have any suggestions, comments, or questions, please contact the Principal by emailing

alfredton.ps@education.vic.edu.au



**Secure your Copy of the 2023 Alfredton primary School yearbook today. It's just \$15- and you can pay via the QKR app. A great memento of the year that was.**

# CAN YOU HELP US?



At the end of the year, we will be once again celebrating another successful year of Grade 6 Alfredton Primary School students. During our Graduation, we have a number of awards that are won by students. Over many years we have had many kind contributions and are again looking for donations. Any parents or businesses that would like to contribute towards an award please see the Grade 6 Teachers by Friday 1st December.



We would love some parent/friend/grandparent helpers to help organise our reading resources. The work will not be difficult, we just have a lot of resources that need to be collected and sorted, and many hands make light work. There will be a teacher to help guide any volunteers and even if people can give an hour that would make a huge difference 😊

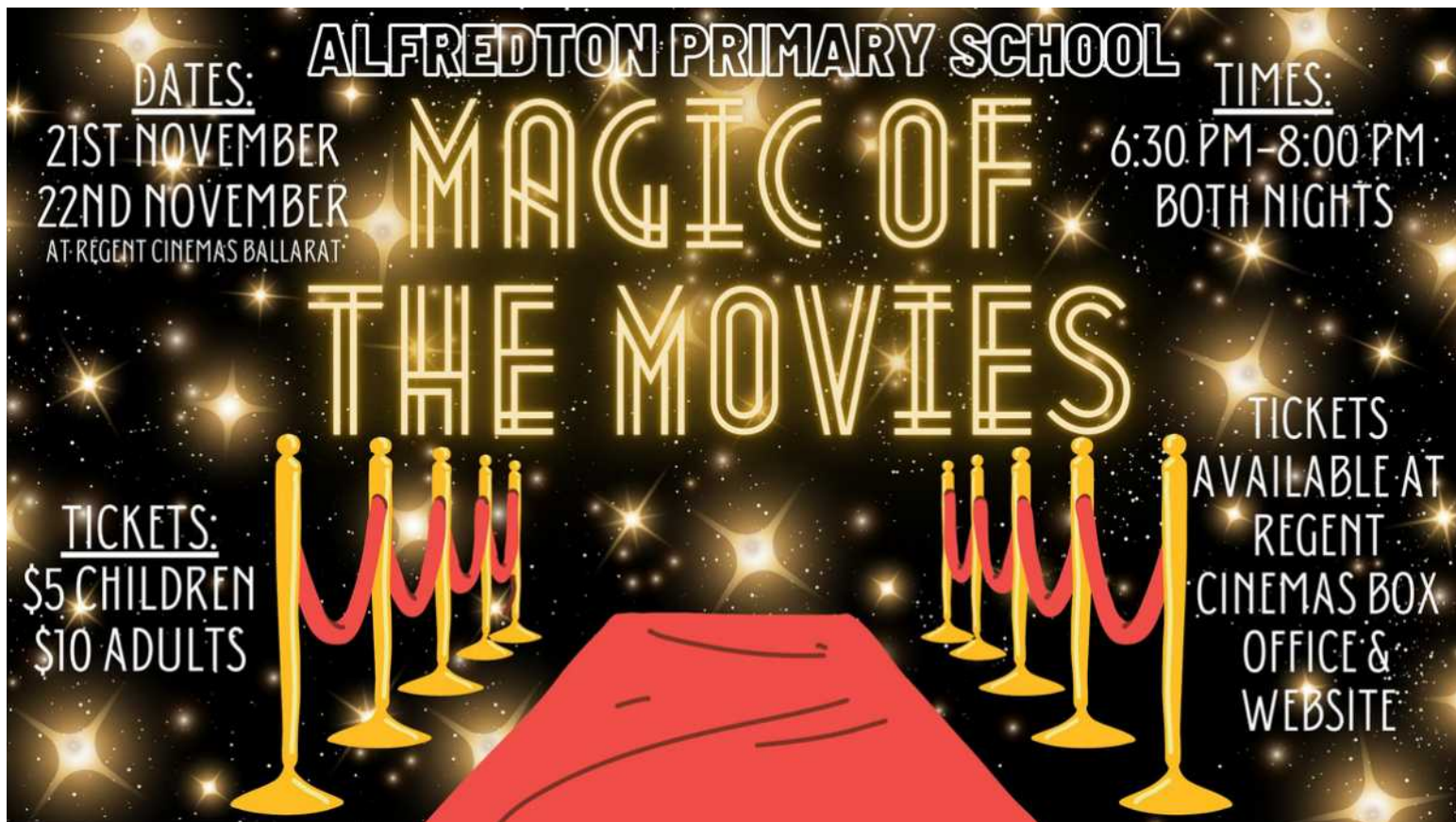
We are looking for help on October 31 and November 1. Please contact the front office if you can spare some time.



📣 We need your help! Join the Parents and Friends Committee 2024. Want to have a blast while making a real impact? Our Parents and Friends Committee is the place to be! 🚀 Meetings will be held once a month where ideas will be shared and plans made to raise extra funds for our School. Bring your skills and expertise to help grow the Parents and Friends Community at Alfredton Primary School in 2024 😊 The more hands, the lighter the work, and the bigger the smiles. Join us today to be a part of something awesome! 💪

Contact Cathy Sharp in the Office for more information.

**BOOK NOW**



**ALFREDTON PRIMARY SCHOOL**

**MAGIC OF THE MOVIES**

**DATES:**  
21ST NOVEMBER  
22ND NOVEMBER  
AT REGENT CINEMAS BALLARAT

**TIMES:**  
6:30 PM-8:00 PM  
BOTH NIGHTS

**TICKETS:**  
\$5 CHILDREN  
\$10 ADULTS

**TICKETS AVAILABLE AT  
REGENT  
CINEMAS BOX  
OFFICE &  
WEBSITE**

Come join us over two magnificent evenings for the premier screening of the Alfredton Primary School Multimedia Film "Magic of the Movies"

This amazing film will have only two screenings. So secure your ticket now to enjoy a night at the movies for this highly acclaimed masterpiece.

Screenings on Tuesday 21st and Wednesday 22nd of November.  
Doors open at 6.00 pm for a 6.30 pm start.

Tickets are available via this link:

<https://www.regentballarat.com.au/movie/alfredton-primary-school---magic-of-the-movies>

Sun	Mon	Tue	Wed	Thur	Fri	Sat
1 <sup>st</sup> October Week 1	2 <sup>nd</sup> Students Return	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>
8 <sup>th</sup> Week 2	9 <sup>th</sup>	10 <sup>th</sup> Year 3 & 4 Gymnastics	11 <sup>th</sup> Newsletter	12 <sup>th</sup>	13 <sup>th</sup> Assembly 2.30pm	14 <sup>th</sup>
15 <sup>th</sup> Week 3	16 <sup>th</sup> Foundation Swimming	17 <sup>th</sup> Year 3 & 4 Gymnastics	18 <sup>th</sup>	19 <sup>th</sup>	20 <sup>th</sup>	21 <sup>st</sup>
22 <sup>nd</sup> Week 4	23 <sup>rd</sup> Year 6 Graduation Photos Year 1 Swimming	24 <sup>th</sup> Year 3 & 4 Gymnastics	25 <sup>th</sup> Newsletter 	26 <sup>th</sup>	27 <sup>th</sup> Assembly 2.30pm	28 <sup>th</sup>
29 <sup>th</sup> Week 5	30 <sup>th</sup> Year 1 Wildlife Park Excursion	31 <sup>st</sup> Year 3 & 4 Gymnastics	1 <sup>st</sup> November	2 <sup>nd</sup> Summer Sport 5-6 Cricket Parent Info Evening Foundation 2024	3 <sup>rd</sup>	4 <sup>th</sup>
5 <sup>th</sup> Week 6	6 <sup>th</sup> Student Free Day 	7 <sup>th</sup> Melbourne Cup Public Holiday	8 <sup>th</sup>	9 <sup>th</sup> Foundation Zoo Excursion Newsletter	10 <sup>th</sup> Assembly 2.30pm	11 <sup>th</sup>
12 <sup>th</sup> Week 7	13 <sup>th</sup>	14 <sup>th</sup> Foundation Transition Day Session 1	15 <sup>th</sup>	16 <sup>th</sup> Healthy Minds Parent Session	17 <sup>th</sup> Junior Athletics Day	18 <sup>th</sup>
19 <sup>th</sup> Week 8	20 <sup>th</sup>	21 <sup>st</sup> Multimedia Screening @ the Regent Theatre	22 <sup>nd</sup> Multimedia Screening @ The Regent Theatre Newsletter 	23 <sup>rd</sup>	24 <sup>th</sup> Student Free Day 	25 <sup>th</sup>
26 <sup>th</sup> Week 6	27 <sup>th</sup>	28 <sup>th</sup>	29 <sup>th</sup>	30 <sup>th</sup> Foundation Transition Day Session 2	1 <sup>st</sup>	2 <sup>nd</sup>
3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>  Japanese Day / Sushi Day	6 <sup>th</sup> Newsletter 	7 <sup>th</sup>	8 <sup>th</sup> Assembly 2.30pm	9 <sup>th</sup>
10	11 <sup>th</sup>	12 <sup>th</sup> Year 7 Transition Day Foundation Transition Day Session 3	13 <sup>th</sup>	14 <sup>th</sup>	15 <sup>th</sup>	16 <sup>th</sup>
17 <sup>th</sup>	18 <sup>th</sup> Year 6 Graduation 	19 <sup>th</sup>	20 <sup>th</sup> Last Day of Term Students Dismissed at 1.30pm	21 <sup>st</sup> School Holidays commence 	22 <sup>nd</sup>	23 <sup>rd</sup>

# Team 1 News

The Junior Sports (F-2) will be held on the 17th of November on our school oval. Children are required to wear comfortable running shoes and appropriate clothing (e.g., shorts and a t-shirt) in their house colours on the day. A school hat, sunscreen, and drink bottle are also required. Snack and lunch times will be the same as usual. Parents are most welcome and must sign in at the office. Please refer to the additional note for more details that have been posted on FlexiSchool.

Reminder: All children must have their own school hat to wear at school. It has been noted that a number of children are yet to bring their school hats. Children who don't have a broad-brim school hat will be restricted to playing in an allocated shaded area to keep them safe from the sun when playing outside. Please check your child's hat has their name on it and not another child's.

## **Foundation:**

Congratulations to all Foundation children on their efforts and behaviour during our swimming week. It was a fun and exhausting week. The children challenged themselves and learnt many new skills.

In English, the children have been learning about digraph, when two letters make one sound. We have recently learnt sh, th, ch and wh. This week we are learning about the silent e. The children have continued to practise blending sounds together to read words and are becoming experts at finger spelling when writing. We have been reading lots of informative texts about wild animals and practising recalling factual information from what we have read. We are so looking forward to seeing these animals in real life on our upcoming zoo excursion

In Mathematics, we have been learning to solve worded problems for addition and subtraction. We have also spent time discussing how we use maths in everyday life, like when we are at the supermarket. We encourage you to look for opportunities in your everyday activities to include counting, sorting and measuring practice at home.

## **Year 1:**

In English, children are revisiting narrative writing, where they are deepening their understanding of the orientation, complication and resolution. We are also revising our reading strategies and comprehension skills to gain accurate understanding of texts read.

## **Year 1: - Continued**

In Mathematics, we are revising the place value of numbers to 100, and addition and subtraction. Children are focusing on applying different strategies, and on achieving greater accuracy when recording answers. Reading and recording o'clock and half past in analogue and digital time will also be covered.

## **Year 2:**

In English, the children are continuing to practice their CAFÉ strategies. This fortnight when reading, they will focus on trading a word that makes sense, which provides the reader with the option to continue reading by using a similar word for an unknown word, so that reading continues and meaning isn't lost. They will also practice and reread texts to build fluency.

They will be revising narrative writing, focusing on the correct structure, and using descriptive vocabulary. In Grammar, the students will also revise prefixes and continue to improve their proofreading skills.

In Mathematics, the children have finished learning about fractions, by dividing amounts into halves, thirds, quarters, and eighths. In the upcoming weeks, they will also focus on calculating the mass of an object using balance scales.

## **Important dates:**

Monday 6th November - Student Free Day

Tuesday 7th November – Melbourne Cup Holiday

Friday 17th November – Junior School House Sports Carnival

Tuesday 21st November - Multimedia (6:00 pm for a 6.30pm start till 8:00 pm)

Wednesday 22nd November - Multimedia ((6:00 pm for a 6.30pm start till 8:00 pm)

Friday 24th November – Student Free Day (Report Writing)

Wednesday 20th December – Term 4 ends. Students will be dismissed 1.30pm

Kind regards,

Team 1 Staff

**Mark Cottrill, Natalie Neville, Helen Bilson, Kaitlyn Pickersgill, Mary Wood, Nicole Phillips, Keeley Throp, Alex McQueen, Anna Jackson, and Cathy Griffin.**

# Team 2 News

## Year 3 and 4

### **Attendance**

Please continue to support your child and their learning by ensuring that they are at school on time (8:45 to 8:55). The 10 minutes before the 8:55 am bell allows students to reconnect with each other and sort out their friendship groups for the day. They are also able to mentally prepare for learning by organising their materials.

Our lessons always have a sequence of an Opening or Warm-up, a Mini-Lesson, Independent work, and a debrief. Students who are late can find it difficult to catch up with the lesson (generally reading, writing or maths) when they have missed important information delivered during the mini-lesson.

### **Gymnastics**

Next week is our final week of Gymnastics. We'd like to thank guardians for your support in having your children organised for this program. The children have gained confidence in their physical abilities and continued to develop their resilience.

### **Hats**

As a sunsmart school, children are expected to wear a broad-rimmed, school hat when outside – this includes physical education lessons and recesses. Please ensure your child has such a hat; that it is named and that their hairstyles enable them to wear the hat comfortably.

### **Drink Bottles**

As the warmer weather creeps up on us, please make sure your child brings a water bottle to school. Having a drink bottle on their table ensures that important learning is not missed, as children do not have to leave the room to quench their thirst. Every minute of learning counts!

### **School Movie**

We are in the process of finalising our school movie. Miss Harris is just putting the finishing touches on it. We are all very excited to see the end product. The presentation of this movie to the school community will be on the 21st and 22nd of November.

### ***Dates for Term 4:***

31st October - Gymnastics

6th November – Pupil Free

7th November – Melbourne Cup Public holiday

21st & 22nd November – screening of school film at Regent Multiplex Theatre

24th November – Pupil Free (Report Writing)

5th December Japanese Day – Sushi Lunch

19th December – reports emailed home

20th December – Term 4 ends. Students will be dismissed 1.30 pm

Kind regards,

TEAM 2 Teachers

**Lynn Schuller, Jess Eddy, Tim Huglin**

**Sharon Simper, Matthew Heinrich, Teresa Wright**

# Team 3 News

## Year 5

In Year 5, we have begun exploring world religions which students have identified as an important way to deepen their understanding of Geography and History. A lot of the content we have been exploring has taken part in reading. We have begun asking questions to deepen our understanding of this topic and have practiced summarising the texts we read.

In Writing, we have begun exploring recounts with students creating an exciting series of diary entries accounting for the activities completed over a made-up holiday overseas. This holiday overseas took place in one of the countries students continue to research as part of their Flip Book project. Students have enjoyed sharpening their understanding of adjectives, adverbs, verbs, and figurative language.

In Numeracy, we have been exploring time, looking at concepts like 12hr and 24hr time, elapsed time, and using timetables. Over the course of the unit, we have seen a great deal of engagement from the Year 5s especially when completing the itinerary for a trip to an overseas country of their choosing.

### **Reminders:**

- Homework comprises two elements – Reading for 30mins 5 times per week, Numeracy completing the weekly Math Mate sheet.
- Please ensure your child has the appropriate equipment/ stationary and books needed for their learning.

## Year 6

Over the last 2 weeks, we have continued to learn about the world we are in. We have read about a number of different religions, comparing them to see what things are similar and different. We are also building our understanding of the world around us, the countries that make it up, and some of the physical features found in different locations.

## Year 6 - continued

In Writing, we have been writing narratives to engage an audience. By using different stimuli we have been able to develop stories set in interesting locations. Two of the locations are Hashima Island and Nara Dreamland which are both located in Japan. Students have enjoyed learning about the locations and developing stories that centre around these interesting sites.

In Numeracy, we have continued to build our concept of probability. We have explored the concepts of dependent and independent probability, theoretical and experimental probability and conducted a range of chance experiments.

We are approaching our assessment weeks so students will soon be undertaking a range of different assessment tasks. Please ensure students are attending regularly to get the most benefit out of this time.

Thank you to the parents who have already sent in photos for graduation. Information about this has been emailed out to families along with other graduation information.

### **Key Dates**

- Monday 6th November - Student Free Day
- Tuesday 7th November - Melbourne Cup Public Holiday
- Tuesday 21st and Wednesday 22nd November - Multimedia Night
- Friday 24th November - Pupil Free Day
- Tuesday 12th December - Year 7 Transition (Government Schools)
- Tuesday 5th December - Japanese Day
- Monday 18th December - Graduation
- Wednesday 20th December - Last day of school.

Kind regards,

Team 3 Staff

**John Saitta, Arlyn Harris, Candice Smith, Gabrielle Mathieson, Tim Smith and Michael Busija**



# School Awards

**FA: Whole Class** - For an outstanding effort during swimming week. Congratulations to you all for displaying the Alfredton Primary School values so well while out and about in the local community. We are extremely proud of you all.

**FB: Whole Class** - Congratulations to all of the FB children for displaying fantastic school values during our week of swimming lessons. A great effort from everyone.

**FC: Aria** - For challenging yourself and sharing so many ideas in your writing about Pandas.

**FC: Whole Class** - Congratulations to all of Foundation C for the respect and responsibility you demonstrated during our swimming week. You should be very proud of yourselves.

**1A: Milla** - For working hard to finger spell words during writing time. Great work, Milla!

**1A: Abhiram** - For reading with improved fluency, and answering comprehension questions with greater detail. Super work, Abhiram!

**1B: Amelia** - For showing persistence through her writing and working hard to memorise our sound pack and help fellow classmates.

**1B: Owen** - Working hard in class to improve his English and being always willing to give things a go. Awesome work Owen!

**2A: Axel** - For doing an outstanding job during our unit on Mass.

**2A: Amaylea** - For making an excellent start to her new school. Welcome Amaylea. It's great to have you in 2A!

**2B: Kaden** - For drawing detailed pictures in History of how cars, phones and TV have changed over time. Well done!

**2B: Madeleine** - For writing creative narratives that begin with a 'sizzling start'. I always look forward to reading your writing pieces!

**2C: Yasmine** - For working extremely hard to improve your handwriting. Keep up the fabulous effort Yasmine!

**2C: Tori** - For taking on feedback to help improve your narrative writing. You have worked hard to make sure your narrative includes an orientation, problem and solution and is interesting for the reader. Well done Tori!

**3A: Wyatt C** - For helping others and working on building relationships.

**3B: Mahyleea** - For settling into Alfredton Primary School easily! 3B are very lucky to have you and you've made some wonderful friendships already. Well done, Mahyleea!

**3B: Miley** - For the positive attitude with which you tackle everyday! You are always up for a challenge with your learning and you're an absolute delight to have in class. Keep it up, Miley!

**3C: Oakley** - For your dedication and commitment towards your learning. You always apply yourself and give everything 100%. Well done, Oakley!

**3C: Zahli** - For always willing to give things a go. It has been wonderful to see your confidence grow! You are a star, Zahli!

**4A: Evania** - For always putting your best effort into every task you do.

**4A: Sehaj** - For the great enthusiasm you demonstrate in all of your learning.

**4B: Blake** - For working hard during your research project about Australia's Early Explorers. Keep up the good work, Blake!

**4B: Areesha** - For always coming to school with a smile and brightening up our classroom. Thanks for bringing your positive attitude to 4B!

**5A: Emeri** - For writing concise and accurate summaries during our unit on countries of the world.

**5A: Macy** - For taking ownership of her learning by identifying areas for improvement and working hard to achieve success.

**5B: Willow** - For the hard work you put into our unit on time. You double check your understanding with your teacher and those around you leading to some incredible results. Well done!

**5B: Casey** - For the hard work you have put into your handwriting. It is great to see your responsibility grow over this year. Well done!

**5C: Cindy** - For transitioning into Alfredton Primary School with ease. We have loved welcoming you into our class and look forward to continuing to get to know you.

**5C: Mayah** - For the positive impact you continue to have on our classroom. Your humble attitude and caring nature is a genuine asset Mayah. We feel very grateful to have you in 5C!

**6A: Joshie** - For your incredible efforts in our narrative writing unit so far this term. You have included descriptive writing and figurative language throughout your paragraphs, which has developed your work into a spooky, engaging narrative! Well done, Joshie!

**6A: Molly** - For consistently displaying our school values of Respect, Responsibility and Relationships. You are a valued member of our class who is always willing to assist others. Thank you, Molly!

**6B: Evie** - For consistently putting your best self forward. You have demonstrated a positive attitude towards your learning and have responded well to feedback about your learning to make improvements. Well Done.

**6B: Poppy** - For your effort and attitude towards your learning. You always try your best and are prepared to act on feedback to further yourself. Keep striving for success.

**6C: Abby** - For your amazing work ethic, attitude and diligence in everything you do. You are a fantastic role model to your peers and make our classroom a wonderful place to be!

**6C: Eleanor** - For making a wonderful start to Term 4. You have demonstrated a consistent work ethic and effort across all your learning and the results are starting to show. Well done, Eleanor!

WELL DONE  
TO ALL STUDENTS



# Community News

Check out all the great things happening in our Local Community

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Alfredton  
**Rotary**



INVITES YOU TO  
JOIN THE GHOUL GANG!

**FREE**  
**COMMUNITY**  
**HALLOWEEN**  
**PARTY**

FREE GAMES  
FACE PAINTING  
LOLLIES

TUES 31 OCTOBER  
4:30 - 6.30PM

LUCAS CENTRAL PARK  
CNR ELEANOR DRIVE & DALY DR

BBQ  
ICECREAMS  
COFFEE

SUPPORTED BY 

# Local Sports

## Ballarat Table Tennis Association

COME AND TRY A NEW SPORT FOR **\$5 A WEEK!**

Junior's Competition (Fridays 6pm - 7.30pm) until 15 December.

Start any week. All abilities welcome. All equipment provided.

Learn to play one of the most popular and fastest sports in the world and make new friends along the way.

**To participate:** simply come along any Friday by 6pm and make yourself known to our stadium manager Adam.

Ballarat Table Tennis Association  
499 Dowling St Wendouree  
Ph: 0481 950 664  
Email: ballarattabletennis@gmail.com  
Web: revolutionise.com.au/ballaratta/

We believe table tennis is the best sport in the world and we welcome the opportunity to show you why.



## COMMUNITY PROGRAMS

Meet and learn from all your favourite Ballarat Miners players

### **Aussie Hoops ( 4 - 7 years old )**

Introductory basketball development program

### **Rookie Hoops ( 8 - 11 years old )**

Introductory basketball development program

### **All Abilities Hoops ( 5 - 18 years old )**

Introductory basketball development program

### **Next Level ( 10 - 12 years old )**

Learn new concepts and build on skills

**BALLARATBASKETBALL.COM.AU**



# JUNIOR CRICKET BLAST IS HERE - JOIN US AT BALLARAT-REDAN CRICKET CLUB

Ready to bat, bowl and have a ball?

- Everyone welcome - Kids aged up to 10 years old
- Over in a flash - 60 minutes of fun each session in a safe and inclusive environment
- Make pals, catch skills, throw like a boss, and teamwork like a pro!
- Kids will be able to rock the colours of their favourite Big Bash heroes with their own Cricket Blast pack
- All the gear, no fear!
- Sunday mornings, 10am to 11am



**Starting:**  
**SUNDAY 5th NOVEMBER**  
**Alfredton Oval**

**For more information and to register**

Call Shaun - 0407 904 834 - Blast Co-Ordinator  
or visit our Facebook page - Ballarat-Redan Cricket Club



# BALLARAT LITTLE ATHLETICS



## 23/24 REGISTRATIONS NOW OPEN !

### Season Dates

Saturday October 7th, 2023 -  
Saturday March 16th, 2024  
(there is a Christmas break).

### U6-U17 Athletes

Multi-Class Athletes  
Welcome

### Venue:

Llanberris Reserve,  
York St Ballarat

### 22/23 Season Fees

Child 1 and 2 - \$160 each  
Child 3 or more - discounts  
apply

### Saturday Mornings

8:30-11:30 (approximately)

### Uniform

Singlet \$40 T-Shirt \$45 or  
Crop Top \$45

### Regions & State Opportunities

U9-U17 Athletes

 Ballarat Little Athletics

### TRACK & FIELD SEASON 23/24

Ballarat Little Athletics are a Little Athletics Victoria affiliated club. Meaning we are part of the peak sporting body for junior athletics in Australia! Essentially we are guided by the experts to help us implement our program. With a strong focus on athlete development and personal bests, children of all abilities are welcome! BLAC operates with electronic timing gates and families can track results online. Even our littlest athletes will feel like Olympic Champions. Age groups participate in 4-5 events each program whilst our U6/7 athletes participate in "on track" skill development sessions and 3 events. With guidance from our seasoned parents and supporting officials, family involvement is encouraged. New athletes have the option to "trial" for 2 weeks prior to committing. Complimentary Sun Hat for New Members.

### New member registration:

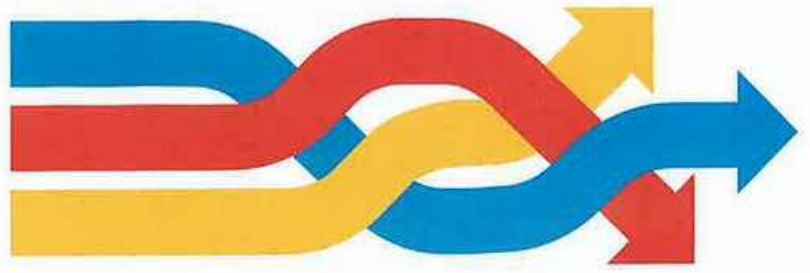
<https://lavic.com.au/membership/new-member/>

### Returning member registration:

Please follow the link you will receive in an email. Keep an eye on our socials for further season information or email [ballarat@lavic.com.au](mailto:ballarat@lavic.com.au)

# BIKETOBER BALLARAT

THE NATIONAL BIKE CHALLENGE



## 1-31 OCTOBER 2023

**A FUN CHALLENGE OPEN TO EVERYONE!**



### WHO?

Everyone can take part, even if they haven't been on a bike for years!

### WHERE?

Anywhere, anytime throughout October

### HOW?

Sign up with your workplace and encourage your colleagues to ride. Watch your score increase and win prizes along the way!

### 5 KEY BENEFITS FOR YOUR WORKPLACE:



#### HEALTHIER & HAPPIER STAFF

Healthier & happier workers = fewer sick days & increased productivity



#### ENTIRELY VIRTUAL

An entirely free and virtual programme whether staff are working from home or the office full time, part time or casually



#### SUPPORT MENTAL HEALTH

Staff can increase physical activity and improve their wellbeing while connecting with colleagues and friends online



#### BE SUSTAINABLE

Contribute to lower carbon emissions, improved air quality, reduced noise pollution, and help ease congestion



#### ENHANCE REPUTATION

Responsible leadership and safeguarding of employee health and wellbeing

Sign up at [lovetoride.net/ballaratt](https://lovetoride.net/ballaratt)



SUPPORTED BY

LOVE TO RIDE

CITY OF MELBOURNE

CITY OF BALLARAT

RACV

# Run FOR A CAUSE

19 NOV 2023

JOIN US SUNDAY 19 NOVEMBER  
ON A BRAND NEW COURSE TO  
RAISE FUNDS FOR THE  
BALLARAT CHRISTMAS APPEAL

REGISTER HERE



The Ballarat Foundation is pleased to bring Run for a Cause to a new, exciting location for 2023. This year, our Event Village will be based in Lucas Town Centre, with our courses utilising the beautiful streets and paths of Lucas as well as giving participants the opportunity to run down the centre of Sturt Street and through the Arch!

JOIN YOUR SCHOOL TEAM WHEN YOU SIGN UP FOR THE  
12KM, 6KM EVENT, OR AS PART OF THE Y KIDS' DASH.



THANK YOU TO OUR GENEROUS SPONSORS

